



## **PROJECT PROPOSAL AND BUDGET**

### **BUILDING OF A ROOM FOR THERAPY & REMEDIAL PROGRAMME FOR STUDENTS AND TEACHERS ON LEARNING DISABILITIES & AUTISM SPECTRUM DISORDER**

**PRESENTED TO**  
**Associazione Pro India del Sud (APIS)**  
**Italy**

**PRESENTED BY**  
**REV. FR. RAVI ARULDASS SDB**  
**DIRECTOR**  
**NIRAIVAGAM INSTITUTE OF PSYCHOLOGICAL SERVICES**

**APPROVED BY**  
**REV. FR. DON BOSCO LOURDUSAMY SDB**  
**PROVINCIAL**

**SALESIAN PROVINCE OF CHENNAI, INDIA**



To,  
The President  
Associazione Pro India del Sud (APIS)  
Italy

5<sup>th</sup> Jan. 2025

***SUB: Recommendation of the Project to build Therapy Room for Children on Learning Disabilities (LD) and Autism Spectrum Disorder (ASD) and equipping the existing Therapy Room, regarding.***

**Dear President,**

Cordial greetings from Niraivagam!

At the outset we would like to acknowledge and thank you for the very many help, through projects, that you have provided and continue to provide to the Salesian Province of Chennai to reach out to many poor and deserving children. Your help has transformed the lives of the poor children and we are very grateful to you.

This letter is to present to you the special thrust given to the Mental Well-being of the poor children struggling with dyslexia, dyscalculia and dysgraphia in our educational settings in the Salesian Province of Chennai. In line with the mental health initiatives, efforts have been undertaken by Niraivagam – Don Bosco Institute of Psychological Services, to conduct various programmes on Learning Disabilities (LD) and Autism Spectrum Disorder (ASD) as mentioned in the project – **Building a Therapy Room on Learning Disabilities (LD) and Autism Spectrum Disorder (ASD) and equipping an existing Therapy Room with tools and resource materials.**

We present this project to your organization and request you to fund it and we believe that through your support and help, Niraivagam can play a major role in promoting many programmes and reach out to the needy children in the province who are struggling with the above-mentioned disabilities and disorders. Fr. Don Bosco Lourdusamy, the Provincial of the Salesian Province of Chennai will be sending you a letter of recommendation endorsing this project. We thank you in anticipation for the favourable consideration of this project.

Yours truly,

Warm regards,

**Fr. Ravi Aruldass SDB**  
**Director**

















## **THERAPY ROOM FOR INTERVENTIONS ON LEARNING DISABILITIES (LD) AND AUTISM SPECTRUM DISORDER (ASD)**

### **AN OVERVIEW OF THE PROPOSAL**

Niraivagam - Don Bosco Institute of Psychological Services, a pioneer in psychological, social, spiritual and educational development, is initiating to offer a comprehensive training programme and interventions focused on enhancing the educational experience and support for students struggling with Learning Disabilities (LD) and Autism Spectrum Disorder (ASD). The programme will include interventions and training sessions designed for both students and teachers. **The primary aim is to build therapy rooms and equip the therapy rooms with tools** and create an inclusive educational environment and provide remedial interventions to students with diverse learning needs while empowering parents and teachers with the knowledge, skills and strategies to facilitate effective learning.

Students with LD and ASD often face unique challenges in the traditional classroom setting. This programme seeks to identify and address these challenges, promoting a supportive and adaptive learning atmosphere and training. Niraivagam's initiative aims to raise awareness, develop skill-building sessions and foster collaboration between educators and students, ensuring that no student is left behind due to their learning differences.



## **PREREQUISITES:**

The Niraivagam Centre and its programme welcomes students with Learning Disabilities (LD) and Autism Spectrum Disorder (ASD), as well as teachers who are committed to fostering an inclusive learning environment.

For students, an enthusiasm for learning and a readiness to engage with tailored educational approaches are encouraged. For teachers, a genuine interest in developing new teaching methods and supporting diverse learners is essential. The success of this program hinges on active participation, collaboration, and the desire to create a more inclusive and supportive classroom environment. **For these initiatives to be realized, well equipped therapy rooms are needed and necessary equipment should be bought in order to make the above mentioned interventions effective.**

## **OBJECTIVES OF THE PROPOSAL**

### **1. Enhance Student Support:**

The therapy rooms will provide tailored support for students with LD and Autism by helping them develop coping mechanisms, adaptive strategies, and learning techniques that align with their individual needs.

### **2. Teacher Training and Empowerment:**

Equip teachers with the knowledge, skills, and tools necessary to identify, understand and support students with LD and Autism in the classroom. Teachers will be trained to implement differentiated instructional strategies and behavioural management techniques.

### **3. Promote Inclusive Education:**

Foster an inclusive culture by raising awareness and educating the entire school community about the importance of inclusivity and how to create a learning environment that accommodates all students, regardless of their learning abilities.

### **4. Collaboration and Communication:**

Establish a strong communication channel between students, teachers, parents and specialists to ensure that the needs of students with learning challenges are understood and addressed effectively. This includes building a support system that encourages collaboration.

### **5. Develop Individualized Learning Plans (ILPs):**

The equipment and resources will guide teachers in designing and implementing ILPs tailored to the specific needs of students with LD and Autism, helping them to personalize the learning process and measure progress more accurately.

## **OUTCOMES OF THE PROPOSAL**

### **1. Improved Learning Outcomes for Students with LD and Autism:**

Students will experience enhanced academic performance, emotional well-being and engagement in school as a result of the individualized support and teaching strategies

provided by their teachers. Over the academic year, students will be better equipped to handle their learning challenges and show measurable improvement in their educational outcomes through the interventions received.

## **2. Increased Teacher Competency and Confidence:**

Teachers will be better prepared to address the needs of students with learning challenges, adopting a more effective learning environment. The training will improve their competency in identifying learning difficulties early on and applying appropriate interventions, ensuring that all students receive the necessary support.

## **3. Parent and Community Engagement:**

Parents will be trained and will be more involved in their child's learning journey and better informed about how to support their children at home. This collaborative effort will create a network of support that extends beyond the classroom.

## **CONCLUSION**

Niraivagam's Students and Teachers Training Programme on Learning Disabilities and Autism will play a crucial role in shaping an inclusive and supportive educational environment. The Project aims at building and equipping the therapy rooms, thus significantly improve the academic and social outcomes for students with learning challenges while fostering an inclusive community that values diversity in learning styles.

## **ROOM REQUIREMENTS**

We need to build and equip four rooms on the first floor. The rooms consist of a library with resource materials and three therapy rooms. Your help will be sufficient

- **to build one room for therapy and training purposes.**
- **to equip the therapy room with necessary resource items and tools**

We shall also honour and acknowledge the contribution made by APIS, by fixing a plaque with the name of 'APIS, Italy'.

## **TRAINERS and EXPERTS:**

1. Mrs. Anne Florence – HoD of Remedial Department, Special educator, Niraivagam
2. Ms. Manisha - Coordinator of Remedial Department, Special educator, Niraivagam
3. Mr. Ashwin – Asst. Coordinator, Special educator, Niraivagam
4. Ms. Gracy - Special educator, Niraivagam
5. Ms. Maria Nancy - Special educator (Assistant), Niraivagam

## **BUDGET**

We want to build four rooms on the First floor of the existing structure. **We request APIS to fund towards the building of one Therapy Room, and equipping an existing room with necessary resource materials, computer and equipment for conducting training programme.** The estimate cost is Rs. 10,27,800.00 (€ **11,420.00**). We request **APIS to fund 9,760.00 euros** and Niraivagam will mobilize around Rs. 1,50,000.00 (1,660.00 euros) through local sources.



#	<b>Cost details</b>		In Rupees
1.	Cost for building one room	Rs.	9,32,800.00
2.	Cost of Resource materials, computer and equipment	Rs.	95,000.00
	<b>Total expense</b>	<b>Rs.</b>	<b>10,27,800.00</b>
	<b>Total cost in Euros</b>	<b>€.</b>	<b>11,420.00</b>
	<b>Total cost requested from APIS in Euros</b>	<b>€.</b>	<b>9,760.00</b>

We are enthusiastic to realize this project through your partnership and we look forward to a favourable consideration of this project which be helpful to reach out to the many deserving poor children with LD and ASD issues.

***Niraivagam – Don Bosco Institute of Psychological Services***  
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